

SALADS

CAESAR 🌿

Romaine | Croutons | Parmesan | Caesar Dressing

TROPICS HOUSE 🌿

Carrots | Cucumbers | Bell Peppers | Tomato | Red Onions | Greens | Champagne Dressing

SALAD ADD ONS

Grilled Chicken **FREE** | Fresh Catch \$9

Shrimp \$9 | Coconut Shrimp \$9 | Lobster \$15 |
6oz Steak Strips \$15

FAVORITES

Includes one side

JERK CHICKEN

8oz Jerk Seasoned Chicken Breast |
Creamy Mushroom Sauce

OCEAN TO PLATE

Fresh Catch | Wild Saba Lemon Beurre Blanc

FARM TO TABLE RICOTTA SPINACH 🌿

Alfredo Sauce | Parmigiano-Reggiano | Ricotta &
Spinach Ravioli

DELI & BURGER STATION

Includes One Side

TURKEY BACON MELT

Turkey | Bacon | Cheddar | Melted on Baguette

CAPRESE 🌿

Cherry Tomatoes | Mozzarella | Fresh Basil | Baguette

BLT •

Bacon | Lettuce | Tomato | Baguette

VEGGIE SANDWICH 🌿

Romaine | Tomato | Carrots | Bell Peppers | Cucumber
| Cheddar | Baguette

BEEF BURGER

8oz Angus Beef Patty | Greens | Tomato | Onions |
Pickles | Brioche Bun

FISH BURGER

Battered Fish | Tartar Sauce | Greens | Tomato |
Onions | Pickles | Brioche Bun

IMPOSSIBLE" BURGER (Vegan) 🌿

Plant-Based Burger Patty | Curry Onion Ketchup sauce
| Greens | Tomato | Onions | Pickles |
Vegan Multigrain Whole Wheat Bun

CHICKEN BURGER

Breaded Chicken Breast | Greens |
Tomato | | Onions | Pickles | Brioche Bun

BURGER ADD ONS

Bacon \$3 | Cheese (Bleu, Cheddar, Gouda or Swiss) \$1 |
Grilled Onions, Fried Egg, Jalapenos, BBQ Sauce \$1

SIDES

PLANTAINS \$5

BUTTERED VEGGIES \$5

BROCCOLI CASSEROLE \$5

COLESLAW \$5

GARDEN SALAD \$5

CAESAR SALAD \$5

SCALLOPED POTATO \$5

FRIES \$5

MASHED POTATOES \$
RICE \$5



Lunch Includes a Wine - Beer - Juice or Soda